



Mark Van Otterloo

Licensed Acupuncturist
Doctor of Acupuncture and Oriental Medicine
NCCAOM Diplomate of Oriental Medicine
Kresser Institute Academy Member

ABOUT MARK

I have had personal experience with a chronic condition that affected multiple systems, similar to many of the patients that I treat. In my case, my body hurt everywhere. Even though I didn't have a name for my condition at the time, I felt like my vitality had been stolen from me and I constantly wondered if it would ever return. This led me to eventually focus on chronic disease, in addition to women's health in an integrative medical model for my doctorate work. I decided that this was the best way to help patients who - like myself - have a chronic condition, feel stuck, and are in need of pragmatic, helpful solutions.

EXPERIENCE

Loturco Chiropractic Group - Lakewood, Colorado
2017-present

- Lead Acupuncturist at LoTurco Chiropractic Group
 - Manage other acupuncturists and medical providers to help create an integrative clinical setting for better patient outcomes.

Innovage Pace - Thornton, Colorado
2015-present

- Lead Integrative Acupuncturist at a mainstream senior care facility program in Thornton, Colorado
 - Work in a community acupuncture setting with Primary Care Doctor's orders as they manage participants' chronic diseases

Colorado School of TCM - Denver, Colorado
2013-2017

- Student Clinic Supervisor for Anatomy and Physiology, Medical Terminology, and Biochemistry

EDUCATION

Kresser Institute

- Functional medicine training, Present

Oregon College of Oriental Medicine

- Doctorate of Acupuncture and Oriental Medicine, 2014

Colorado School of Traditional Chinese Medicine

- Masters of Science, 2011

University of Colorado (Denver)

- Bachelors of Biology, 2008

SKILLS

I am an integrative functional medicine practitioner who specializes in chronic disease and women's health. My educational background focused on the integrative use of acupuncture and Chinese Herbal formulas in a mainstream Western medical model. The continued educational investment in functional medicine that I am currently pursuing focuses the treatment of conditions on the *cause* of disease, rather than palliative therapeutic approaches. I have the unique ability to integrate modern research with the ancestral lifestyle, and the expertise to be able to help patients create a whole systems approach to vitality.